# InspiraCell<sup>®</sup>

### **PRODUCT SUMMARY**

*Inspire* is a life-giving action. InspiraCell (inspire-a-cell) fuels the growth and replication of healthy cells, especially those of the heart, brain and immune system. This intricate formula was originally designed to provide the nourishment and restorative balance needed by those bodies overwhelmed with complex physical illnesses and/or mental and emotional disorders.

Trauma, emotions, and toxins can hold the heart and brain in an energetic and/or chemical bondage. This may trigger the immune system to work overtime, which in turns creates a multitude of disturbing symptoms and syndromes. InspiraCell supports the restoration of the brain and heart's vital cellular communication; this allows the immune system to return to balance.

Amino acids in InspiraCell carry oxygen throughout the body. They are also the building blocks for neurotransmitters that carry



**InspraCell Contains 90 Capsules** 

messages in the brain. This promotes growth, cellular replication, optimal memory, learning, and brain function. Other primary ingredients support the heart, liver, kidneys, adrenals and immune system for optimal health.

### **KEEPING YOU HEALTHY WITH INSPIRACELL®**

### • Heart

The heart is like the queen bee. All other organs, systems, glands, and structures in the body will work to support the *queen bee*. If the heart is healthy, the rest of the body's systems will function with ease, without laboring to serve the heart. InspiraCell provides heart support through vitamins, minerals, amino acids, and enzymes.

### Brain and Nervous System

The communication between a healthy heart and brain through the nervous system is important for memory, cognition and learning. A healthy brain releases neurotransmitters that carry instructional messages across the gaps between each of the approximate 100 billion nerve cells in the brain. Chronic stress depletes neurotransmitters, which causes difficulty thinking and learning, exhaustion, depression, and poor memory. InspiraCell contains essential amino acids, the building blocks for neurotransmitters.

### Immune System

InspiraCell contains amino acids, which are the building blocks of protein. They assist in restoring and recreating what has been broken down and destroyed.

### • Fluids in Eyes, Joints and Skin

InspiraCell contains hyaluronic acid, which is also found naturally in the body. It lubricates and maintains healthy fluids in the eyes, joints, and cartilage. When skin is inflamed or exposed to UVB rays, it is involved in tissue repair.

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### **EXPERIENCE THE DIFFERENCE:**

VerVita nutrition supports the body functioning as a whole; it nourishes and balances the energy flowing through every structure, organ, gland, and cell. A healthy rhythm and function are created as the formulas are designed to synergistically stimulate/relax and push/pull.

### **KEY INGREDIENTS OF INSPIRACELL®**

**Amino acids:** without the building blocks of protein, life is not possible. Amino acids carry oxygen throughout the body; they are necessary for growth, cellular replication, and communication between nerve cells by means of neurotransmitters which are imperative for optimal memory, learning, and brain function. **GABA** is a neurotransmitter important for brain function.

Antioxidants: Gamma Oryzanol (from rice), Alpha Lipoic acid and beet root remove free radicals that cause cell damage. Alpha Lipoic acid dissolves toxic substances in the liver. Beet root supports the immune system, contains easyto-assimilate iron, aids digestion and has properties that clean the kidneys and gallbladder.

**CoQ 10** helps cells generate energy. The heart, liver and kidneys require the most energy; they store CoQ10 to meet their energy demands. Smoking, alcohol, stress, aging, chronic illness, beta-blockers and cholesterol lowering drugs deplete CoQ10 stores in the body.

**Herbs: Hawthorne berries**, the "top herb for the heart" is considered by herbalists as the "safest of all herbal supplements." **Acerola berry** supports the immune system as it is rich in vitamin C and easily absorbed. It also contains vitamin A, B vitamins, carotenoids and bioflavonoids.

**Hyaluronic acid** is naturally found in fluids of eye, joint and spaces of skin tissue. Studies focus on the role it plays within the arteries of the circulatory system, the immune system, and in the formation of new body tissue.

**Vitamins: B vitamins** help maintain a healthy heart, which in turn promotes healthy circulation, blood pressure, and the entire body. InspiraCell also contains vitamins that support the nervous system, immune system, and skin with **Folic Acid, Biotin, Pantothenic acid, Vitamin C, Vitamin D3,** and tocotrienols, which are high in antioxidants.

## Supplement Facts

Serving Size: 1 capsule Servings per bottle: 90 capsules

|   | Amount Per Daily |       |
|---|------------------|-------|
|   | Serving          | Value |
| Vitamin A (as beta-carotene)  | 500 IU           | 10%   |
| Vitamin C (from acerola berry)  | 2.5 mg           | 4%    |
| Calcium (as citrate and amino   |                  |       |
| acid chelate)   | 60 mg            | 6%    |
| Vitamin D (as D3 cholecalciferol)   | 200 IU           | 50%   |
| Thiamine (vitamin B1 as   |                  |       |
| cocarboxylase HCL)  | 5 mg             | 333%  |
| Riboflavin (vitamin B2)   | 5 mg             | 294%  |
| Niacin (vitamin B3 as niacinamide)  | 5 mg             | 25%   |
| Vitamin B6 (as pyridoxal-5-phospha  | ate) 15 mg       | 750%  |
| Folate (I-methylfolate)   | 100 mcg          | 25%   |
| Vitamin B12 (as methylcobalamin)  | 50 mcg           | 833%  |
| Biotin  | 200 mcg          | 67%   |
| Pantothenic Acid (calcium   |                  |       |
| pantothenate)   | 10 mg            | 100%  |
| Magnesium (as gluconate and   |                  |       |
| amino acid chelate)   | 14 mg            | 4%    |
| Zinc (as picolinate)  | 640 mcg          | 4%    |
| Manganese (gluconate)   | 600 mcg          | 33%   |
| Chromium (as picolinate)  | 50 mcg           | 42%   |
| Selenium (as I-selenomethionine)  | 50 mcg           | 71%   |
|   | 460 mg           |       |
| GABA (gamma-aminobutyric acid)*,  |                  |       |
| I-glycine*, I-glutamine*, I-carnitine*, t   |                  |       |
| root (organic)*, MSM (methylsulfony   |                  |       |
| oryzanol (from rice)*, alpha lipoic acid*, crataegus<br>oxyacantha (hawthorne berries)*, I-tyrosine*, taurine*, |                  |       |
| I-proline*, I-glutamic acid*, I-arginine*, I-threonine*,  |                  |       |
| malpighia glabra (acerola berry)*, inc  |                  |       |
| I-methionine*, I-valine*, coenzyme Q10*, I-isoleucine*,   |                  |       |
| hyaluronic acid (rooster comb)*, I-serine*, tocotrienols  |                  |       |
| (from palm fruit)*  |                  |       |

\*Daily Value not established.

(from palm fruit)

Other Ingredients: gelatin (capsule), I-leucine

#### CONTAINS METHYLATED (ACTIVE FORM) B VITAMINS FOR OPTIMAL METHYLATION

#### VERVITA PRODUCTS ARE FREE FROM:

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Tree Nuts, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.



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