

NuVahj™

PRODUCT SUMMARY

Imagine having the body, confidence, and desire of youth returned to you. NuVahj is a cream designed for women who want to retain their youthfulness and libido through every season of life. The ingredients of this unique formula work together to effectively balance the female hormones. It is estrogen free and contains progesterone, DHEA and pregnenolone. These are neutral hormones that assist in creating or reducing other hormones as needed for a healthy body.

In addition to hormone balancing, NuVahj has nourishing ingredients that work to reduce inflammation as well as repair and restore skin and delicate tissues. The essential oils of this formula have properties that restore, protect, and sooth. They are also known to enhance mood, confidence, and libido.

THINK ABOUT IT

A variety of circumstances may create a hormone change and that includes stress, which can happen at any age. The most common reason is a natural, but not always comfortable, occurrence. As women age, hormones fluctuate and decrease through the seasons of perimenopause and menopause. The symptoms can often be uncomfortable and sometimes miserable.

As hormones change, women can experience vaginal atrophy, dryness, pain with intercourse, and low sex drive. This is disheartening because when there is discomfort or pain, desire often goes down to protect oneself from being hurt. A vicious cycle occurs. The woman longs for emotional and physical connection with her partner but then avoids the connection due to pain. This results not only in physical pain, but emotional pain as well. It is not something many women feel free to talk about, so they continue to suffer physically and in their sexual relationships.

KEY INGREDIENTS

In addition to 400 mg of **natural progesterone** from yams in a 2oz jar, NuVahj contains precursor hormones **pregnenolone** and **DHEA**. Precursor means that on their own they have minimal effect, but the body converts them into other hormones that have a powerful effect in the body. A key descriptive in the following ingredients is the word, soothing. **Rosewater** is soothing and has hormone balancing properties. It also provides a beautiful subtle aroma. **Coconut oil** nourishes the skin, so cells restore and rejuvenate. **Aloe** is well known for its skin healing properties. **MSM** is anti-inflammatory, is used to reduce pain, and is necessary for collagen production and skin repair. **Primrose oil** is rich in omega-3 fatty acids and is also hormone balancing. Rich in linoleic acid, **safflower oil** is hydrating and soothing. **Joboba oil's** molecules is most like the oil of our skin and is protective and soothing. **Squalane** (from olive oil) has anti-aging and skin soothing benefits. **Glyceryl Laurate (Monolaurin)** reduces inflammation and is both soothing and antimicrobial. **Tocopherol**, which is natural vitamin E, is essential for healthy skin growth and repair.

The following essential oils enhance the hormone-balancing and healing properties of the other ingredients. **Atlas Cedarwood** has antimicrobial properties and has been used for hundreds of years for urinary tract and vaginal infections. **Ylang Ylang Flower** oil has been referred to as a great aphrodisiac and is used to enhance mood, libido, and feelings of peace and confidence. **Sweet Orange** oil nurtures hormone balancing. It also has antiseptic properties that reduces the chance of germs and infection, is anti-inflammatory, and has mild sedative properties that encourage relaxation and reduce pain.



NuVahj™ Available In 2 oz Jar

VerVita®

NuVahj™

PRIMARY BENEFITS OF NUVAHJ

- **Hormone Balancing** – restores the body's progesterone to estrogen ratio
- **Hydration** – soothes and moisturizes for increased comfort and reduced pain during intercourse.
- **Restoration** – nourishes and strengthens the vaginal tissues while reducing inflammation.
- **Protection** – a balanced pH vital for a healthy immunity against external pathogens that cause irritation and infections of vagina and bladder.
- **Rejuvenation** – experience renewed youthful confidence and libido.
- **Youthology** – balanced hormones support healthy bones, muscles, immune system, metabolism, brain, heart, skin, and hair.

BALANCING HORMONES MAY RELIEVE SYMPTOMS AND SYNDROMES

Amenorrhea (no menstrual cycle)

Fibrocystic breasts

Hot flashes

Infertility

Low libido

Menopause

Menstrual bleeding, excessive

Premenstrual syndrome (PMS)

Urinary incontinence

Vaginal atrophy and pain

Vaginal dryness

HOW TO USE NUVAHJ

For vaginal health and lubrication, apply 1/4 - 1/3 teaspoon with clean fingertips to the vulva, perineum and/or vagina. For general hormone balancing support, apply cream to soft tissues of the body such as the breasts, upper chest, inside elbows, and back of knees. For more detailed recommendations, consult your physician.

Do not use if taking Tamoxifen.

If any redness or irritation occurs, stop use until it clears. Reduce the amount used by half and try again. We recommend pre-testing for skin reactions by applying the cream to your inside arm.

VERVITA PRODUCTS ARE FREE FROM:

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.

NUVAHJ CONTAINS: Coconut Oil

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