## Natural Balancing Cream

#### **PRODUCT SUMMARY**

Hormones, people! Hormones!" Dr. Dick Versendaal would enthusiastically talk about how hormones provide the color and energy to one's life. Without balanced hormones, the body suffers. It cannot function optimally, and the mind and spirit are weighted down. Life loses its color, the body loses its energy, and symptoms occur in both men and women. What was once good and healthy, now becomes a challenge.

Natural Balancing Cream stands out among all the progesterone products in the healthcare marketplace; its unique formulation assists in balancing estrogen and testosterone levels in both men and women.



Natural Balancing Cream Available In 2 oz Jar

#### **THINK ABOUT IT**

Natural hormone balance and replacement therapy has proven to be therapeutically superior to conventional hormone drug therapy. This conclusion has been found in preventive (osteoporosis, senility) and protective (cardiovascular disease, stroke, sleep apnea) outcomes, functional improvements (libido, muscle mass, mood, memory), reduced risks (breast cancer and depression), and the significant reduction of (the dreadful and annoying) hot flashes. Research and clinical experience have also revealed significant health benefits of applying natural progesterone cream on the skin. We tend to think of estrogen, progesterone and testosterone as sex hormones but often underestimate their role in other systems of the body, both in men and women. These hormones affect hair, skin, metabolism and cardiovascular, immune, musculoskeletal and nervous systems.

## **KEY INGREDIENTS**

In addition to 400 mg of **natural progesterone** from yams per jar, Natural Balancing Cream contains precursor hormones **pregnenolone** and **DHEA**. Precursor means that on their own they have minimal effect, but the body converts them into other hormones that have a powerful effect in the body.

Rosewater is anti-inflammatory and has hormone balancing properties. **Coconut oil** contains fatty acids that nourish the gut, adrenals other systems that affect hormone health and balance. **Aloe** is well known for its skin healing properties. **Primrose oil** is rich in omega-3 fatty acids which are involved in hormone balancing. Rich in linoleic acid, **safflower oil** is hydrating, soothing and supports hormone health and balance. **Jojoba oil's** molecules is most like the oil of our skin and is protective and soothing. **Squalane** (from olive oil) has anti-aging and skin soothing benefits. **Glyceryl Laurate** (Monolaurin) reduces inflammation and is both soothing and antimicrobial. **Tocopherol**, which is natural vitamin E, is essential for healthy skin growth and repair. It is also necessary for heart health and hormone balancing.



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## PRIMARY BENEFITS OF NATURAL BALANCING CREAM

- Hormone Balancing aids in restoring the body's progesterone to estrogen ratio.
- Heart Health supports healthy cholesterol and triglyceride levels.
- Skin alleviates acne caused by excessive androgen production.
- · Hair reduces unwanted hair and hair loss due to hormonal imbalance.
- Bone Health may prevent/reverse osteoporosis by stimulating bone building activity.
- **Metabolism** aids the metabolism of fat tissue by enhancing energy production.
- · Brain Health hormone balance may provide relief for anxious or depressed feelings, and irritability.

#### **BALANCING HORMONES MAY RELIEVE SYMPTOMS AND SYNDROMES**

#### Men:

Hormone Health and Balance Prostate Swollen Low Libido Erectile Dysfunction Difficult Urination Nighttime Overactive Bladder

#### Women:

Amenorrhea (no menstrual cycle)
Fibrocystic breasts
Hot flashes
Infertility
Low libido
Menopause/Hot Flashes
Menstrual bleeding, excessive
Premenstrual syndrome (PMS)
Urinary incontinence
Vaginal atrophy and pain
Vaginal dryness

## **HOW TO USE NATURAL BALANCING CREAM**

- ✓ Women Rub ¼ ½ tsp Natural Balancing Cream into skin. For general hormone balancing support, apply cream to soft tissues of the body such as the breasts, upper chest, inside elbows, and back of knees. Rotate to reduce site saturation. It may also be used vaginally. For more detailed recommendations, consult your physician.
- ✓ **Postmenopausal women** with acute osteoporosis require a greater dosage of progesterone therapy: ½ tsp both morning and evening for the first two ounces of cream followed by ½ tsp daily after.
- ✓ **Men** Rub ¼ ⅓ tsp of Natural Balancing Cream daily into lower abdomen or scrotum.

#### **VERVITA PRODUCTS ARE FREE FROM:**

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.

NATURAL BALANCING CREAM CONTAINS: Coconut Oil, Almond Oil.

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