

Immune Harmony®

PRODUCT SUMMARY

Immune Harmony is a powerful blend that maximizes the effectiveness of the body's immune filtering systems (the sinuses, tonsils, lymph glands, spleen, liver, kidneys, and bladder) as they filter, detoxify and cleanse the body's biochemical pathways.

THINK ABOUT IT

The body's filtering systems can be overwhelmed by many things; environmental toxins, insect bites, poison ivy, electromagnetic frequencies from power lines, television, cell phones and computers, chemicals in our food, clothing, carpet and furniture, microwave heated food, viruses, bacteria, fungi, and even emotions. When excess spills over, it affects everything it touches. Think about a heavy rain; the rushing water creates a flash flood that spills into a city's sewage system. Debris overflows as the system becomes overwhelmed. It's similar to what happens when excess food is dumped into a garbage disposal; the blade stops spinning and food and water start backing up.

The same thing happens with our bodies. Sick energy and food, chemicals, dead and dying sick bacteria (heroically destroyed by a healthy immune system) have to be filtered through our body. When too much is being pushed through too fast, the body's immune filtering system also suffers. Toxins back up into the body affecting the function of other organs and systems.

The blend of oils in Immune Harmony creates a hygienic response in the body's filtering-immune system. Immune Harmony relieves the excess that causes multiple symptoms and syndromes. These include allergies, head colds, coughs, eczema, rashes, urinary tract infections, swollen tonsils, fever, headaches and dry eyes, varicose veins, cystitis, and cellulitis.

KEY INGREDIENTS

Tea Tree, an effective natural antiseptic, contains broad-spectrum, antimicrobial properties. Tea Tree is ideal for dealing with viral, bacterial and fungal infections. **Tumeric** is anti-inflammatory and assists the body in detoxification. **Thyme**, an antibacterial and antiviral, is known for stimulating white blood cells and strengthening the immune system. **Lavender** calms, relaxes, and cleanses. **Cinnamon bark** acts upon the immune system by stimulating circulation and supporting digestion through its antimicrobial (viral, bacterial) activities. **Black Currant**, high in antioxidants and vitamin C has been used for bladder infections, inflammation, and intestinal issues. **Artichoke** promotes bile flow which supports and cleanses the digestive system. **Elecampane** acts as an expectorant. **Black Cumin** calms, balances and regulates the immune system.



Immune Harmony Available In 1 oz | 5 ml Bottles

VerVita®

Immune Harmony®

PRIMARY BENEFITS OF IMMUNE HARMONY®

- Supports the immune system through its natural antiseptic, antibacterial, antiviral properties.
- Supports the body's digestive system, helping excess leave the body.
- Balances and supports healing of overwhelmed kidneys and bladder.
- Cleanses and relieves excess that otherwise result in symptoms (allergies, head cold, cough, sinus issues, eczema, rashes, hives, urinary tract infections, swollen tonsils and lymph glands, fever, headaches, dry eyes, corns, bunions, varicose and spider veins, cellulitis, and cystitis.)
- VerVita's number one essential oil to support the immune system fighting streptococcus (strep) bacteria.
- Helps balance the adrenals, those with hyper-cortisol issues.



“Clogged with yesterday's excess, the body drags the mind down with it.”

Horace

HOW TO USE IMMUNE HARMONY® Choose one or more of the following.

- Diffuser:** Diffuse in room for 15 minutes, or place an open bottle of Immune Harmony in a room for 30 days as a subtle diffuser.
- Topically:** Blend 1 or 2 drops of Immune Harmony with lotion or oil and rub into one or more of the following areas: arch of right foot, pubic bone, belly button, right hand, back of neck. **Babies and Small Children:** Blend 1 drop of Immune Harmony with lotion or oil and rub into the bottom of the right foot.
- Massage:** Blend Immune Harmony with oil or lotion and massage into the sacrum and middle/dorsal spine to support the adrenals, kidneys and detoxification pathways.
- Footbath:** Fill a tub or foot bath with enough warm water to cover ankles; add Immune Harmony and unscented, natural Epsom salts. Soak for 30 minutes to support the immune system and rid the body of excess toxins.
- Spa Bath:** Soak entire body in a warm water spa bath with Immune Harmony and unscented, natural Epsom salts for 30 minutes. For intense heart emotions and chronic situations, begin with a few drops of oil for the first bath, gradually increasing amount over the course of 4 to 6 baths.
- How Much?** The amount of essential oil needed varies from person to person. It may range from a couple drops to 10 mL or more of essential oil depending on the circumstances. It is recommended that one start with 10 drops of Immune Harmony and increase/decrease the amount as needed with each bath.
- Side Effects:** The body absorbs essential oils and releases toxins during a foot or spa bath. Though rare with Black Cumin, a person may occasionally experience a burning sensation on the skin if toxins are released. (The more toxins, the greater a burning sensation may be felt.) The burning sensation indicates the therapy is complete; stop the bath and shower off. A fresh bath may be resumed later using less essential oil and adding unscented, natural Epsom salts to draw out toxins.
- Note:** Eat prior to soaking in a spa bath or footbath so the stomach has food in it. This provides the body hydration and nourishment to draw on when the body begins to balance and heal.

Therapeutic Grade Essential Oil Safety Keep out of reach of children. Use caution and the gentlest oils at extremely low doses when using oils with children. It is recommended that a qualified healthcare practitioner be consulted before using oils with children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult your healthcare practitioner prior to use. A skin patch test on the inner arm is recommended prior to using any oil for the first time.

VERVITA PRODUCTS ARE FREE FROM:

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Tree Nuts, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.

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