# Elite Harmony®

#### **PRODUCT SUMMARY**

Elite Harmony is a combination of each of the other five VerVita essential oils and blends. It is an elite group of more than 20 therapeutic grade essential oils that support the body as it works to prevent and manage autoimmune syndromes. This is done by balancing the emotions and the body's immune, circulatory, digestive, and neurological systems as they work effectively and efficiently...together.

### THINK ABOUT IT

A healthy body is able to maintain health and balance despite emotional and physical attacks. But when the body can no longer resist viral, bacterial, mold, yeast, fungal, and parasite attacks, it becomes vulnerable to autoimmune syndromes. If attacks continue, a domino effect is created as the brain, heart, digestive and other systems of the body work overtime to compensate and support



Elite Harmony Available In 1 oz | 5 ml Bottles

the immune system. The result is a long list of chronic, life-altering syndromes that appear because of many layers of stress and imbalance.

This is when elite therapy becomes necessary. Its special designed formula contains therapeutic frequencies that address imbalance and stress. By supporting the body as a whole, Elite Harmony elevates the survival standard of a depressed and dysfunctional immune system.

### **KEY INGREDIENTS**

The Elite Harmony formula equals 20% Black Cumin, 20% Immune Harmony®, 20% Sore to Soar®, 20% Present Moment® and 20% Heart Harmony®. This combination creates a powerful synergy that supports the whole body: physically, mentally, and emotionally.

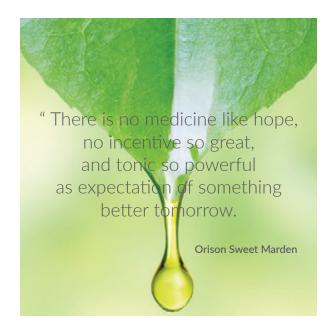
**Black Cumin** promotes a healthy digestives system, nourishes the blood, and calms, balances, and regulates the immune system. **Frankincense** supports a healthy immune system, digestion, hormones and skin. Together with **Orange** and **Tangerine**, the stress response is reduced. **Lavender**, **Rose Otto**, and **Ylang Ylang** relax and calm. **Tea Tree**, **Thyme**, and **Cinnamon Bark** support the immune system with antibacterial, anti-viral, and antimicrobial properties. **Blue Tansy** calms the nervous system, detoxifies the liver and lymph system. **Petitgrain** balances the nervous, respiratory, and cardiovascular systems. **Peppermint**, **Rosewood** and **Jasmine** calm while also uplifting the brain and emotions.



# Elite Harmony®

### PRIMARY BENEFITS OF ELITE HARMONY®

- A broad-spectrum essential oil of choice for overwhelming symptoms and syndromes.
- Supports the body as it counters the negative effects of virus, bacteria, mold, yeast, fungi, and parasites that cause autoimmune syndromes.
- Effective prevention and immune support in "sick" environments.
- Contains anti-bacterial and detoxification properties, which make it an effective hand sanitizer.
- Used to support the immune system during the flu season.



### **HOW TO USE ELITE HARMONY®** Choose one or more of the following.

**Topically:** For prevention and sanitation, apply one drop of Elite Harmony on the bottom of feet and palms of hands.

**To support a stressed immune system**, apply one drop of Elite Harmony on bottom of feet, palms of hands, and on spine over 8th dorsal several times per day. **Babies and Small Children:** Add 1 drop of Elite Harmony

to lotion or carrier oil and rub on the bottom of each foot.

Massage: During a therapeutic massage - blend Elite Harmony with oil or lotion and massage into feet. Also massage it into

the spine—T8—as it is the head of the immune system.

Footbath: Fill tub or foot bath with enough warm water to cover ankles; add Elite Harmony and unscented, natural

Epsom salts. Soak for 30 minutes to bring the immune system back into balance.

**Spa Bath:** Soak entire body in a warm water spa bath with Elite Harmony and unscented, natural Epsom salts for 30

minutes. For intense and chronic situations, begin with a few drops of oil for the first bath, gradually increasing

amount over the course of 4 to 6 baths.

How Much? The amount of essential oil needed varies from person to person. It may range from a couple drops to 10 mL

or more of essential oil depending on the circumstances. It is recommended that one start with 10 drops of

Elite Harmony and increase/decrease the amount as cneeded with each bath.

Side Effects: The body absorbs essential oils and releases toxins during a foot or spa bath. Though rare with Black Cumin, a

person may occasionally experience a burning sensation on the skin if toxins are released. (The more toxins, the greater a burning sensation may be felt.) The burning sensation indicates the therapy is complete; stop the bath and shower off. A fresh bath may be resumed later using less essential oil and adding unscented, natural Epsom

salts to draw out toxins.

**Note:** Eat prior to soaking in a spa bath or footbath so the stomach has food in it. This provides the body hydration and

nourishment to draw on when the body begins to balance and heal.

**Therapeutic Grade Essential Oil Safety** Keep out of reach of children. Use caution and the gentlest oils at extremely low doses when using oils with children. It is recommended that a qualified healthcare practitioner be consulted before using oils with children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult your healthcare practitioner prior to use. A skin patch test on the inner arm is recommended prior to using any oil for the first time.

### **VERVITA PRODUCTS ARE FREE FROM:**

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Tree Nuts, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.

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